Girl Scout Cookies by Canna Farms

Girl Scout Cookies (GSC) by Canna Farms is a THC dominant strain with 18% THC, the intoxicating chemical, containing uplifting terpenes limonene, pinene, and beta caryophyllene, which are thought to have anti-inflammatory effects.

Patients have identified that GSC provides more effective relief than other products for several symptoms, some of which are widely treated. For example, GSC is reported to reduce insomnia by 51% compared to 45% for other strains. Reported efficacy is highest among 18 - 24 year-olds, but declines with age. Reported emotive effects demonstrate GSC's ability to aid with sleep and next day freshness. GSC is also widely used for joint pain and stiffness and shows strong efficacy in reducing both of these symptoms. GSC is reported to reduce joint pain by 48%, compared to a 38% decrease for other products. Likewise, GSC is reported to reduce joint stiffness 45%, compared to a 41% decrease from other products. GSC also reduces anxiety and depression more effectively than other strains. Anxiety is reported to be reduced by 49%, compared to an average of 45% when using other strains. GSC treats depression well, and is reported to decrease the feelings of depression by 46%, which is higher than other products which provide a 39% decrease. Emotive effects from GSC illustrate a focus on comfort and relaxation, making GSC suitable for either day or night use

All data was gathered on the Strainprint App. from March 2017 to April 2020
Base Size: Girl Scout Cookies Users (n=1194), ePRO's (n=36523)

Pink Kush Profile

Type	Hybrid
Format	Flower

THC	18%	CBD	0.07%

Dominant Terpenes

Limonene	0.48%
Caryophyllene	0.2%
Pinene	0.15%

Top Reported Uses

1. Anxiety
2. Muscle Pain
3. Joint Pain
4. Insomnia
5. Irritability
6. Stress
7. Headache
8. Depression

Top Reported Effects

1. Refreshed
2. Relaxed
3. Comfortable
4. Aroused
5. Giggly
6. Happy
7. Talkative
8. Hungry

Girl Scout Cookies Highest Reported Efficacy

1. Lack of Appetite 63%
59% when smoked
67% when vaped
53% when using other products

2. Nausea 53%
49% when smoked
57% when vaped
52% when using other products

3. Insomnia 51%
51% when smoked
50% when vaped
45% when using other products

4. Anxiety 49%
47% when smoked
51% when vaped
45% when using other products

5. PTSD Flashbacks 48%
42% when smoked
65% when vaped
42% when using other products

6. Joint Pain 48%
44% when smoked
54% when vaped
38% when using other products

7. Depression 46%
46% when smoked
47% when vaped
39% when using other products

8. Joint Stiffness 45%
43% when smoked
49% when vaped
41% when using other products

Insomnia

Age Avg Efficacy

| 18-34 | **60**% |
| 35+ | **55**% |

Gender Avg Efficacy

| Female 👤 | **41**% |
| Male 👤 | **48**% |

Recommended Dose*

For novice users:
4 – 6 inhalations
More experienced users:
11 – 12 inhalations

Top Reported Emotive Effects

1. Refreshed   2. Relaxed   3. Comfortable   4. Aroused   5. Sleepy   6. Restless

Anxiety

Age Avg Efficacy

| 18-34 | **45**% |
| 35+ | **64**% |

Gender Avg Efficacy

| Female 👤 | **51**% |
| Male 👤 | **49**% |

Time of Day Avg Efficacy

| Day ☀ | **50**% |
| Night 🌙 | **49**% |

Recommended Dose*

For novice users:
4 – 5 inhalations
More experienced users:
11 – 12 inhalations

Top Reported Emotive Effects

1. Relaxed   2. Happy   3. Light   4. Comfortable   5. Focused   6. Hungry

Joint Pain & Joint Stiffness

Age Avg Efficacy

| 18-34 | **50**% |
| 35+ | **52**% |

Gender Avg Efficacy

| Female 👤 | **38**% |
| Male 👤 | **55**% |

Time of Day Avg Efficacy

| Day ☀ | **53**% |
| Night 🌙 | **49**% |

Recommended Dose*

6 – 9 inhalations for smoke or vape.

Top Reported Emotive Effects

1. Refreshed   2. Relaxed   3. Aroused   4. Comfortable   5. Happy   6. Pain Free

Depression

Age Avg Efficacy

| 18-34 | **47**% |
| 35+ | **45**% |

Gender Avg Efficacy

| Female 👤 | **46**% |
| Male 👤 | **46**% |

Time of Day Avg Efficacy

| Day ☀ | **48**% |
| Night 🌙 | **45**% |

Recommended Dose*

11 – 12 inhalations for smoke or vape.

Top Reported Emotive Effects

1. Relaxed   2. Comfortable   3. Happy   4. Light   5. Thirsty   6. Dreamy

*Strainprint's recommended dose is achieved by calculating the average number of inhalations reported to achieve the highest reported efficacy. As always it is recommended to "start low, and go slow" when titrating to the recommended dose.